

www.VistaSpringsLiving.com

Clinical Liaison/Nurse Navigator Health & Wellness Director

**Managing Partner Director of Professional** & Community Relations

To speak with any of these Vista Springs professionals, please call the location below nearest you.



Assisted Living | Memory Care

### **MICHIGAN**

# Wyoming | Rediscovery Lofts

2708 Meyer Ave. SW, Wyoming, MI 49519 (616) 288-0400 Wyoming@VistaSpringsLiving.com

# Northview | The Lodge

3740 Vista Springs Ave., Grand Rapids, MI 49525 (616) 364-4690 Northview@VistaSpringsLivng.com

# **Riverside Gardens**

2420 Coit Ave. NW, Grand Rapids, MI 49505 (616) 490-8607 RiversideGardens@VistaSpringsLiving.com

# **Holland Meadows**

94

445 104th Ave., Holland, MI 49423 (616) 795-9693 HollandMeadows@VistaSpringsLiving.com

# **Majestic Bliss**

200 W Edgewood Blvd., Lansing, MI 48911 (517) 393-7777 Edgewood@VistaSpringsLiving.com

# **Timber Ridge Village**

16260 Park Lake Rd., East Lansing, MI 48823 (517) 339-2322 TimberRidge@VistaSpringsLiving.com

### **Astounding Joy**

605 Pere Marquette Rd., Howell, MI 48855 (517) 540-1926 Howell@VistaSpringsLiving.com

#### **Trillium Village**

6800 Trillium Village Drive, Clarkston, MI 48346 (248) 878-5266 TrilliumVillage@VistaSpringsLiving.com

# **Washington Place**

11900 Shire Blvd., Washington Twp., MI 48095 (586) 331-9400 WashingtonPlace@VistaSpringsLiving.com

#### OHIO

# **Greenbriar Villag**e

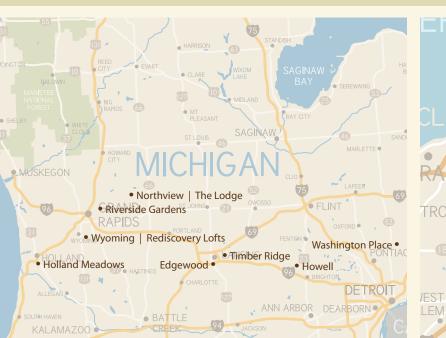
8668 Day Dr., Parma, OH 44129 (440) 340-4000 Greenbriar@VistaSpringsLiving.com

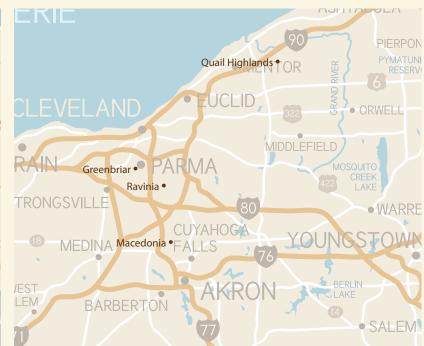
#### **Quail Highlands**

7960 Auburn Rd., Concord Twp., OH 44077 (440) 867-9100 QuailHighlands@VistaSpringsLiving.com

### Ravinia

6046 Brecksville Rd., Independence, OH 44131 (216) 232-4900 Ravinia@VistaSpringsLiving.com



























# **Clinical Services**

At Vista Springs our passion is to help seniors and those with disabilities achieve a well-being that is Full of Life. We focus on their quality of care by providing an integrative care model that includes a full complement of services such as:

#### **Skilled Nursing Services by Licensed Professionals**

- Post-surgical care
- Wound care/dressing changes
- Fracture care
- Stroke care
- Hypertension
- Arthritis
- Osteoporosis
- COPD

### **Physicians and Nurse Practitioners** On Call

- Help reduce unplanned hospital readmissions
- Available for consultation and in-house treatment

#### **Tailored Behavior Management Programs Reduce ER Admissions** Due to Seniors with:

- Lewy body dementia
- Vascular dementia
- Frontotemporal lobe dementia

#### **Dashboard Trending of Over 60 Areas** of Care, Including:

- Falls
- Wounds
- Acute change in condition
- Medication administration
- Infections
- Weight loss
- Unnecessary drug usage
- Unplanned discharges

# **Diabetic Management Care**

- Hypoglycemia and hyperglycemia
- Insulin coverage
- Pharmacist oversight of medications
- HgbA1c monitoring
- Foot and skin care
- Nutritional guidance
- Special diet with carb control

#### **Hospice/Palliative Care Programs**

- Expertise in pain and symptom management
- Routing and continuous care
- Access to on-call hospice clinical partners
- Increased turning related to skin issues during end stage process

## **Rehabilitation Therapy Partners** That Provide PT, OT, ST and RT Services

- Wellness program to decrease falls
- Fitness monitoring, assessment and goal tracking
- Fitness classes
- Personal training instructors
- Restorative care programs Outpatient rehab on site
- (certain locations)

# **Exit-Seeking Management Program Promotes Optimal Independence**

- Restraint-free motion detection
- In-room motion sensors
- Door gap sensors
- Keypad egresses instead of wearing a device

# **Comprehensive Care Options**

- Complex medication administration
  - Crush/split medications - Oxygen and insulin
- nebulizer treatments - Warfarin/Coumadin therapeutic
- drug level monitoring
- Eating supervision/assistance
  - G tube
- PEG tube
- Assistance with incontinence, catheter or ostomy
- ■Two-person transfer or medical lift
- Behavioral care solutions (Geropsychology and Geropsychiatry physicians on call)
- Depression treatment program

### **Respite Care for Caregivers**

- Respite renew, reset, and restore
- Staycation rejuvenation programs
- Short-term stays

### **Memory Care** Alzheimer's/Dementia Caregiving and Programming

- Early-stage (mild)
- Mid-stage (moderate)
- Late-stage (severe)

# **Neurodevelopmental Disorders**

- Autism Spectrum Disorder (ASD)
- Asperger's Syndrome (AS)
- Parkinson's Disease (PD)

# **Clinical Outcomes**

By taking a proactive approach on infection controls,

Vista Springs has reduced healthcareassociated infections by over 40%,

thus reducing the need for ER visits with hospital readmissions.



According to the CDC, one in three people over the age of 65 falls each year.

**ER** visits or older.

Fall-related

Yearly average ER visits of people 65

29%

Vista Springs' average rate of ER visits of people 65 or older.

# We continually improve our strategies to prevent hospital readmissions.

And we're improving the quality of care – promoting the Vista Springs Full of Life experience that allows our community members to age in place and age with choice.



